

# Dance Schedule 2011-2012

**Please Note:** Schedule is subject to change. Classes must have at least 4 students to remain on the schedule. Classes with less than 6 students will run 15 minutes less than scheduled time.

| MONDAY                                     |  |  | TUESDAY   |  |  | WEDNESDAY                        |   |  | THURSDAY                                    |  |   | FRIDAY                                 |   |   | SATURDAY                             |  |
|--|--|--|---|--|--|----------------------------------|---|--|---|--|---|--|---|---|--------------------------------------|--|
| Studio A                                   | Studio B                                     | Studio C   | Studio A  | Studio B                                   | Studio C                               | Studio A                         | Studio B  | Studio C   | Studio A                                    | Studio B                               | Studio C  | Studio A                               | Studio B  | Studio C  | Studio B                             | Studio C   |
|  |  |  | 1-2<br>Pre Ballet/<br>Tap<br><br>CM                             |  |  |                                  |   |  |   |  | 2:30-3:30<br>Pre Jazz/<br>Tumble<br><br>SH  |  |   |   | 9-10<br>Pre Ballet/<br>Tap<br><br>JT | 10-1 <b>MC</b><br>Company<br>Conditioning<br>Choreography<br>& Rehearsal |
| 4-5<br>Pre Ballet/<br>Tap<br>Nov<br><br>VG |  |  | 4-5<br>Tap<br>Nov<br><br>KH                                     |  |  |                                  | 4-5<br><b>MC Minis</b><br>Tap<br><br>VG                         | 4-5<br>Pre Ballet/<br>Tap Int<br><br>KH          | 4-5<br>Boys<br>Hip Hop<br><br>JT            | 4-5<br>Ballet N<br><br>CM              |   |  |   |   | 10-11:30<br>Ballet/<br>Tap<br><br>JT |  |
| 5-6<br>Hip Hop<br>Int<br><br>VG            | 5-6<br>Jazz<br>Int<br><br>LS                 | 4:30-6<br>Ballet<br>Adv<br><br>CM  | 5-6<br>Hip Hop<br>Nov<br><br>KH<br><i>Only 2 spots<br/>left</i> | 4:30-6<br>Hip Hop &<br>Tumble<br><br>JT    | 4-5:30<br>Ballet /Tap<br>Int<br><br>CM | 5-6<br>Ballet<br>Nov 2<br><br>SH | 5-6<br>Tap Int<br><br>VG  | 5-6<br>Tap Adv<br><br>KH                         | 5-6<br>Jazz Nov<br><br>JT                   | 5-6<br>Theater<br><br>CM               | 4:30-6<br>Jazz Adv<br><br>RL  |  | 4-5:30<br>Ballet/Jazz<br><br>KB   | 4-5:30<br><b>MC Minis</b><br><br>CM                 | 12-1<br>Hip Hop<br>N/I<br><br>JT     |  |
| 6-7<br>Cheer<br><br>VG                     | 6-7<br>Ballet<br>Int<br><br>CM               | 6-6:30<br><b>MC - LW</b><br><br>LS<br>6:30-7<br><b>MC Lg</b><br>Groups<br><br>LS |   | 6-7<br>Lyrical<br>Int/Adv<br><br>LS        | 5:30-7<br>Ballet<br>A-2<br><br>CM      | 6-7<br>Pre B/T<br>Int<br><br>VG  | 6-7:30<br>Ballet/<br>Jazz<br><br>SH<br><i>Starts in<br/>Oct</i> | 6-6:45<br><b>MC - LW</b><br><br>CM               | 6-7<br>Pre Hip<br>Hop /<br>Tumble<br><br>JT | 6-7:30<br>Ballet/ Tap<br>Adv<br><br>CM | 6-6:45<br><b>MC - TAP</b><br>Co.<br><br>RL<br>6:45-7:30<br><b>MC</b><br>Comp.<br>Tech<br><br>RL | 5:30-7<br>Hip Hop/<br>Tumble<br><br>BR | 5:30-6:30<br>Lyrical<br>Nov/Int<br><br>KB<br><i>Only 2 spots<br/>left</i> | 5:30-7<br><b>MC Demis</b><br>Jazz &<br>Co<br><br>CM | 1-2<br>Tumble<br><br>JT              |  |
| 7-8<br>T/A Lyrical<br><br>BR               | 7-8<br><b>MC</b><br>Showstopper<br><br>CM/LS | 7-8<br><b>MC</b><br>Spotlight<br><br>LS/CM                                       | 7-8<br>Hip Hop<br>Int 2<br><br>KH                               | 7-8<br>Modern/<br>Contemp<br>Int<br><br>CM | 7-8:30<br>Jazz A-2<br><br>LS           | 7-8<br>Hip Hop<br>Adv<br><br>KH  | 7:30-8:30<br>Jazz I/A<br><br>VG                                 | 6:45-7:45<br>Pre-Pointe/<br>Pointe Beg<br><br>CM | 7-8<br>Ballet I-2<br><br>JT                 |  | 7:30-8:30<br>Pointe Int<br>& Adv<br><br>CM  | 7-8<br>Jazz<br>Nov/Int<br><br>BR       |   |   |                                      |  |
| 8-9<br>T/A Jazz<br><br>BR                  |  | 8-9<br>Lyrical<br>Adv<br><br>LS  | 8-9<br>Hip Hop<br>Teen<br><br>KH                                |  | 8:30-9<br><b>MC - Trio</b><br><br>LS   |                                  |   | 8-9<br>Modern/<br>Contemp<br>Adv<br><br>CM       |   |  |   |  |   |   |                                      |  |

***If for some reason you must discontinue classes before the years end, please notify the office IN WRITING by the 1st of the month prior to your departure (30 days written notice) or you will continue to be charged for the class.***

## Class Descriptions

### **Pre Ballet/Tap, Pre Jazz/Tumble:**

These are 1 hour long combination classes of either Ballet and Tap, Jazz or Hip Hop and Tumbling. These classes are designed for dancers ages 3-5 and include fun dance activities with age appropriate music and movements to help each dancer have fun with dance and learn to appreciate dance movement, terminology and self expression! Pre B/T Nov is designed for first year students ages 3-5 and Pre B/T Int is designed for second and third year students ages 4-5.

### **Ballet & Tap, Jazz & Tumble, and Hip Hop & Tumble:**

These are 1 1/2 hour long combination classes designed for dancers ages 6-8. They consist of two separate dance techniques in each class. We strive to make each dance class a fun and safe learning environment for each dancer. We teach proper dance technique and terminology while making sure the music is appropriate for the age level and fun for all!

### **One hour long technique classes are designed for dancers ages 8 +.**

**Nov** = Novice level; **Int** = Intermediate level; **Adv** = Advanced level and may also include either a 1, 2 or 3 which denotes a gradually increasing advanced level of dance and age of dancer. Advanced level classes require teacher placement.

**Ballet:** A classical dance form teaching grace and precision through formalized steps and gestures used to create expression through movement. Classes include stretching, barre work and progressions.

**Pointe:** Ballet that is performed in pointe shoes - dancing on the tips of the toes. We offer several levels of Pointe class, beginning with Pre Pointe in which dancers begin the class year in ballet shoes learning the methods of Pointe while doing exercises and stretches to strengthen and prepare their ankles. We recommend all first year pointe dancers be evaluated by their physician before trying the class to make sure their feet and ankles are ready to begin. We also recommend all dancers be at least 11 years of age unless you have permission from the studio director, Christina McDonald.

**Jazz:** A dance form consisting of animated, enthusiastic, exaggerated movement and gestures influenced by strong, rhythmic music.

**Tap:** A dance where the rhythm is audibly tapped out with the toe or heel by wearing special shoes with taps.

**Lyrical:** A dance form that fuses Ballet and Jazz technique. It interprets music or words showing expression of inner emotion through fluid, continuous movement.

**Modern:** A dance form which uses natural movement allowing the dancer to use creative lines and body weight to produce distinctive, yet more abstract, ways of moving.

**Theater Dance:** This class combines both the element of dance with acting and singing for the stage. Past classes have done routines to scenes from *Annie*, *Wicked*, *Phantom of the Opera* and also combined their talents to create original scenes and choreography.

**Hip Hop:** A dance form combining various forms of street dance styles like those seen in today's music videos. We strive to keep the movements and music clean while emphasizing improvisation and personal interpretation.

**Cheer Dance:** A combination of basic cheerleading skills including arm motions, jumps and dance routines.

**Tumbling:** Floor gymnastics covering all basic skills such as cartwheels and handstands, developing into advanced skills including back handsprings and back tucks. Strengthening and stretching are incorporated to help "get the trick"!

**Fascinatin' Rhythm Studio of Dance  
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# 2011 - 2012 CLASS SCHEDULE

**Classes Begin August 15, 2011**



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[www.fascinatinrhythm.com](http://www.fascinatinrhythm.com)

Christina McDonald, Director